

LIE 4: THE BEST PEOPLE ARE WELL-ROUNDED



Discussion Questions

- 1. Where does our fixation with well-roundedness first show up in the world? Why do you think it shows up here?
- 2. At work, why do you think we define jobs and roles as though the best people in them are well-rounded?
- 3. What tools or rituals do we encounter in our team that are founded on well-roundedness?
- 4. What things in the real world push against the concept of well-roundedness?

TRUTH 4: THE BEST PEOPLE ARE SPIKY

Discussion Questions

- 1. When you think of your strengths, what signs do you look for?
- 2. Which activities are you quite effective at, but that you wish you never had to do again? What do you call those?
- 3. In your work, in which activities or areas have you experienced the greatest levels of achievement? Where have you learned the fastest, almost as if you'd done it before?
- 4. On our team, where do people rely on you the most?

TRUTH 4: Connect + Commit

What's your biggest breakthrough from this chapter?

What will you do differently on Monday?

- As a team member?
- As a leader?
- As a parent, partner, friend?

On Monday, I will stop
On Monday, I will start

Any questions we still have as a team?