

LIE 5: PEOPLE NEED FEEDBACK



Discussion Questions

- 1. When you say the word 'feedback,' what do you mean?
- 2. Why does it feel so necessary to offer our feedback to others? Why does it feel so satisfying?
- 3. Have you ever had a powerfully positive experience when receiving feedback from someone else? Why was it so positive?
- 4. Why do you think so many of us lean out when someone says "Can I give you feedback?"
- 5. How do we use feedback on our team?

TRUTH 5: PEOPLE NEED ATTENTION

Discussion Questions

- 1. Can you think of a recent experience where you learned a lot, and retained what you learned? What happened?
- 2. Who in your life has brought out the best in you? How did they help you?
- 3. When someone on our team asks you to help them get better, what do you think they are asking for?
- 4. What is the key difference between your 'feedback' and your 'reaction'? Why is the latter more powerful?

TRUTH 5: Connect + Commit

What's your biggest breakthrough from this chapter?

What will you do differently on Monday?

- As a team member?
- As a leader?
- As a parent, partner, friend?

On Monday, I will stop
On Monday, I will start

Any questions we still have as a team?